



SOUTH BRISTOL

LOCALITY PARTNERSHIP

2023/24

Year in Review

What we can achieve together

South Bristol
Locality Partnership

In 2023/24 we:

1. **Agreed our priorities** of focus for the next five years and launched our South Bristol Locality Partnership Strategy 2023-2028.
2. Developed a solid network of multi-agency partners working together to achieve our goal to increase **child healthy weight** across South Bristol.
3. Developed our **Mental Health and Wellbeing Integrated Network Team** (MINT) supporting people with complex mental health needs.
4. We have worked with key partners to **support residents as they age** to prevent falls, Cardiovascular Disease (CVD) and Diabetes in communities.
5. Our **Community Connectors** in BS3 and Knowle West have supported over **1,100** vulnerable residents to build social connections and overcome barriers to improved health and wellbeing and independence.
6. Our **Community Innovation Lead** facilitated **265** connections between voluntary and community organisations and statutory services to better support some of South Bristol's most deprived communities,
7. Our **Community Anchor Organisations** across South Bristol spoke with **559** residents about our priorities, and have actively promoted health and wellbeing within communities to reduce health inequalities. The learning from these conversations have been incorporated throughout this review.

1. Our shared goals

All of the members of our partnership have their own roles as statutory and community providers and their own strategic commitments. Each organisation is also working to meet increasing demands on their services driven by inequalities, the residual impacts of the pandemic and the financial pressures households are experiencing.

However, we know how much more we can achieve together and last year we agreed our shared goals as a Partnership. Achieving those goals is essential to improving wellbeing and health and to tackling the drivers of increased demand on the services on which we all rely.

Over the year our learning has evolved, and it has become clear the role that wider biopsychosocial factors contribute to the health and wellbeing of people in South Bristol.

Across all our work, it has become evident that to reduce health inequalities there is a need for communities to be places where people can access green spaces, social networks, health, and practical everyday support when and where they need it, no matter what their circumstances.

In this annual review, we share with you our progress against our key priorities as well as our learning about the communities of South Bristol that has shaped our thinking as a Locality Partnership as we plan for the years ahead.



Five Year Goals

Starting Well



Living Well



Ageing Well

To reduce the number of children who are found to be overweight at ages 4-5 years old in Hartcliffe, Withywood and in Filwood from 360 to under 250 by 2028 to reduce the disparity between rates in these areas and other parts of South Bristol.

To reduce the admission episodes in South Bristol for alcohol-specific conditions to under 1,000 in 2027/28 (it was 1,364 in 2020/21 compared to 1,098 in Bristol).

Reduction in falls attending an emergency department in the over 65s by 770 - 50% over five years.

It is important to note that as we strive to achieve these goals over the course of five years, there are many changing systemic and intersectional factors out of our control that influence these priorities, therefore it may take years before we see significant impact of our efforts.

Community Insight

To understand more about how these priorities impact local communities and what we as a partnership can do to address these, we asked Community Anchor Organisations (CAOs)- local community organisations in South Bristol who are embedded and trusted within their communities- to host conversations with residents about child healthy weight, alcohol harms and falls in older people. The findings of these conversations, and actions taken as a result are highlighted throughout the review as we reflect on each area of our work.



2. Starting well

With partners, we are working to increase child healthy weight across South Bristol, but particularly in Hartcliffe, Withywood and Filwood. This work is represented by colleagues across the Voluntary and Community Sector (VCS), Health and Social Care, Education, Public Health and Bristol City Council. Our network of professionals in this space work closely with children, parents and families as a whole.

Organisations include:



The National Child Measurement Programme is a mandatory scheme conducted by Public Health to measure the height and weight of children in Reception years (ages 4 and 5) and year 6 (ages 10 and 11) to assess overweight and obesity levels in children within primary schools.

Public Health data and shows that South Bristol has some of the highest rates of child excess weight compared to Bristol overall.

The data also shows a strong relationship between excess weight in children and deprivation, and this is reflected in South Bristol with the most deprived wards showing the highest prevalence of excess weight in children aged 4-5.

In conversations with residents, Community Anchor Organisations reported the following as the most mentioned factors that get in the way of achieving healthy lifestyles:



The root causes of child obesity are broad and intersectional, and cannot be tackled in isolation, however there are many good things already happening across South Bristol that are working to increase access to healthy and affordable food, physical activity and healthy lifestyles generally, and we are working collectively to focus on increasing the promotion of these rather than developing new initiatives.

Starting Early

We are focusing on prevention during infancy in the early years and antenatally, to reduce the likelihood of children having excess weight by the time they reach reception years, regardless of where they live or their circumstances.

Evidence suggests there is a link between breastfeeding and child obesity, and that breastfed babies are at less risk of becoming overweight or developing diabetes in later years. However, the rates of breastfeeding are much lower in areas of South Bristol compared to more affluent parts of the city. Through working with Public Health and Children Centres we've learned there are many factors contributing to this including economic status, cultural norms, feeling judgement of breastfeeding in public spaces and a lack of breastfeeding friendly spaces where you live.

This picture is changing however, with Bristol Children's Centres, Family Hubs and infant feeding initiatives and schemes receiving significant government funding to reduce health inequalities in infant feeding rates across the city, including targeted areas of South Bristol such as Hartcliffe.

With our partners, we are promoting the Breastfeeding Friendly Scheme to local venues such as cafés, community and social venues to actively promote and support breastfeeding in their spaces. We're engaging with relevant partners who work with young families to bring local insight about parent's experiences of breastfeeding in public spaces, particularly in areas such as Hartcliffe, Withywood and Filwood where there are fewer recognised social spaces to breastfeed in.

This local insight will further develop the scheme and help encourage more community venues to support parents to breastfeed in their spaces.



Eating Healthily Together

The Children's Kitchen is a Feeding Bristol and Bristol Early Years initiative working to tackle food inequalities by encouraging young children and families in deprived areas to explore, cook and grow fresh produce.

In January 2023, The Children's Kitchen were awarded three-months funding from the Bristol, North Somerset and South Gloucestershire Integrated Care Board (ICB) to expand their cooking model to children and parents in these settings to introduce a whole family approach whereby both children and their parents were learning new skills, cooking and eating together.



This approach supported parents and children to continue the learning and interest in cooking at home, outside of the nursery settings.



In South Bristol, during the three-month period, the family cooking project reached **102 adults and 128 children** across Hartcliffe and Knowle West. In South Bristol, the Children's Kitchen continues to work with families in settings in Knowle, Hartcliffe and Redcliffe, with engagement with wider settings and schools across the patch.

"This partnership has been of huge value to the children and families we work with, and for us as an organisation. We intend to carry on the family cooking focus and will be looking for opportunities to apply for funding to expand this further in the future." - Jo Ingleby, The Children's Kitchen.

Bricks, St. Anne's House is a social enterprise working with local creative and social enterprise communities to build resilience and sustainable futures, based at St. Anne's House in Brislington- a creative community hub.



Bricks are one of our Community Anchor Organisations for the northeast pocket of South Bristol and spoke to residents about barriers to accessing healthy affordable food.



In response to resident feedback, Bricks worked with Batch Cook Club to run community and family cooking sessions as there was lots of appetite for offering young people more local opportunities to develop their skills in healthy cooking in the kitchen.



Hartcliffe City Farm is a community farm based in Hartcliffe and exists for all local people to be part of and to enjoy. This year, the Farm have run targeted projects involving cooking for wellbeing, family cooking and operating as a warm/ welcome space for family meals. The farm runs workshops for the local school children around healthy eating, gardening and cooking.



Between September -March 2023/24, South Bristol Locality Partnership funded Hartcliffe City Farm to deliver weekly, term-time family cooking sessions for families and carers entailing picking vegetables from the farm and cooking a shared meal.



Throughout the project, approximately **100 parents and children** joined in with growing, picking and cooking activities together, particularly over the October and Easter holidays.



Early Year Settings

In January 2023 we attended a meeting involving several Private, Voluntary and Independent (PVI) early years settings in South Bristol to discuss our priority to increase child healthy weight.

Members of Public Health and The Children's Kitchen came along to talk about the various offers such as guidance, tools and a frameworks that could support Early Year settings to promote healthy lifestyles.

The meeting sparked lots of interest and ideas about how we can support and share resources and information with early year settings moving forward.



Bristol Active City Partnership

This January, South Bristol Locality Partnership joined the Bristol Active City Partnership alongside Bristol City Council, Public Health, voluntary and community sports and activity organisations. This is a developing multi-sector partnership to work together to increase access to physical activity across the city, for all ages.

In South Bristol, our learning over the last year in relation to the wider factors that influence people's ability or opportunities around active lifestyles has put us in good stead to contribute a broad spectrum of perspectives and insight into this partnership.

3. Living well

When someone has multiple mental health needs or comorbidities, they often require support from a range of services working around them to help manage their health and mental wellbeing effectively.

Mental Health and Wellbeing Integrated Network Team (MINT)

Our Mental Health and Wellbeing Integrated Network Team (MINT) has developed to do just this. The model holds a core team of roles including Coordination and Administration, a Psychologist, a Social Worker and Recovery Navigators.



The team assesses the person's needs and brings together partners across the voluntary and community sector (VCS) and statutory primary and secondary organisations across a many specialisms including (but not limited to) mental health, drugs and alcohol, advice and debt agencies, eating disorders, general practice, housing, and adult social care to work together with the person to develop a suitable care plan.

This year we have been developing and recruiting to our MINT core team, and through Shared Case Discussion meetings, the team has been able to practice this integrated way of working with wider health, social care and VCS partners.

Case Study

David's story

(no real names are used)

David is a young adult known to adult secondary care services, repeatedly presenting to emergency departments with suicidal ideation.

David often struggles to communicate for himself, with his parent usually engaging with services on his behalf.

David was assessed by many services, however due to his complex presentation, neither primary and VCS mental health agencies, or secondary care services felt they were able to provide David with an effective offer of support. As a result, David was continuously bouncing between services without a suitable care plan.

David's case was brought to a South Bristol MINT Shared Case Discussion by a triage nurse to understand how he could be better supported. Having a discussion with multi-agency professionals gave the opportunity to reflect on some of the conflicting issues occurring for David and provide a whole system picture to David's presentation.

The team was able to recognise system gaps and as such identify a suitable pathway and service that could help David with his engagement so that he was able to communicate his needs and effectively engage with support available to him. David accepted the offer and is now due to be assigned a support worker.



Peer Support

Since 2020, the South Bristol Peer Support project has delivered 1009 peer support meetings, with 5170 visits, 695 unique individuals.

In **2023/24** the groups received a total of **1716** visits (219 unique individuals)



Whilst there are excellent structured services to support with people's mental health, these are often associated with large waiting lists and in the meantime, people can be left feeling isolated, lost and anxious not knowing where to go or who to talk to.

We recognise the positive role that social connectedness plays towards mental health and wellbeing, particularly connections made through shared experience.

In 2020 we set out to help improve the mental health and wellbeing of South Bristol local populations by providing more accessible, informal mental health support in community settings through a peer-to-peer model.

Changes Bristol have been providing peer support group sessions to residents in South Bristol to build social connection and reduce isolation.

These groups have provided dedicated mental health peer support for people across **Bedminster, Ashton Vale, Knowle and Brislington**, as well as **online group settings for anyone that identifies as LGBTQIA+ and Women of Colour**.

"Changes has supported me in remaining employed and maintaining a loving relationship with my partner, family and friends"

"Helped me socialise more and pointed me in the right directions for recovery."

"Coming to the group made me realise I wasn't alone or on my own. There is a sense of that they 'get it'."

"I feel there is a real sense of community, not just in the Knowle group but across Changes Bristol."

"I feel like I am making changes by coming to this group and doing all the other activities in my life."

Recovery through Nature

Throughout this year, Windmill Hill and Hartcliffe City Farms have regularly supported approximately **150 volunteers experiencing mental health difficulties** across both of their sites.

Windmill Hill and Hartcliffe City Farms are urban farms designed to be used and enjoyed by local residents. Their aim is to improve mental wellbeing, increase resilience in people and reduce isolation through a variety of activities such as gardening, animal care and cooking from fresh produce grown on the farm.

The farms support people with learning disabilities and people in different stages of recovery from what are usually complex mental health needs such as schizophrenia, psychosis, bipolar disorder, as well as depression and anxiety.

Like many voluntary and community organisations, the farms are seeing increased demand for their wellbeing offers, with limited sustainable funding available to meet the level of need. As a partnership, we're passionate about collectively finding solutions to bring in sustainable funding to organisations that allows them to continue to have positive impact on people's health and wellbeing.

In the meantime, South Bristol Locality Partnership funded Windmill Hill and Hartcliffe City Farms to continue to provide their mental health and wellbeing offers to local residents that benefit from this community resource.



'I had just come out of hospital and was looking for some structure to my week and a reason to get out of the house. I like coming here because of the variety of different people I meet and because it gives me routine, and I get out in nature. I also enjoy helping towards a cause and enjoy being part of a team effort.

The Farm helps because it has made me a lot more confident and comfortable around people and I've gained transferrable skills for my future. After starting volunteering at the Farm, I have started volunteering in a charity shop and I go to an art group. Getting a job feels more feasible now'.

- **Becky, Volunteer**



'I was stuck in a very negative spiral. In my own head all the time and overthinking everything and a friend suggested I had to do something to get out of the house. Break the cycle.

I suddenly thought of the Farm and wondered if they needed help. I'd visited the Summer Festival and taken my kids and I thought it would be good to do something nice for the community with others who want to do the same.

The Farms helps me because it keeps me busy and gives me a different routine. It gives me a break from worrying about things in my life and the constant overthinking and gets me out the house.

It's good to be outdoors and take time to think and breathe. It's not stressful, which is what I need in my life right now'.

-Tom, Volunteer

Rethink
Mental
Illness.

**RICHMOND
FELLOWSHIP**
MAKING RECOVERY REALITY

Through Changes Bristol we originally funded a peer support group in Hartcliffe and Withywood, however despite best efforts, this type of support was not favoured by residents in the area. Through conversations with residents it became apparent that more practical support around the root causes of mental illness was needed- support for financial stress, housing and living circumstances, family relationships and more.

Richmond Fellowship and Rethink are Mental Health charities operating in Bristol that offer practical support and signposting around debt and financial issues, housing, relationships, and social isolation whilst working with the person to develop a plan to support their mental health needs. This kind of support can help people address some of the more practical challenges in their lives to prevent their mental health declining further.

Therefore, in 2023 following community feedback we paused the Hartcliffe and Withywood Peer Support group to focus more on prevention of poor mental health, shifting investment to Richmond Fellowship and Rethink to launch targeted outreach for residents in these communities.

Reducing Alcohol Harms

Bristol Drugs and Alcohol Recommissioning

Bristol City Council are currently in the process of recommissioning our existing Recovery Oriented Alcohol & Drugs Services (ROADS) and will be starting a new contract from April 1st, 2025. This year, public consultations with Bristol residents, service users and professionals were conducted which allowed people to share their views, identifying any gaps, issues, or uncertainties in the approach.

The South Bristol Locality Partnership are members of both the Bristol Drugs Partnership Board and the Bristol Substance Use Collaborative Commissioning Board and have contributed to the recommissioning of Bristol ROADS pathway. Representatives of the South Bristol Locality Partnership will be panel members on the tender evaluation between April- June 2024. Our Mental Health partners will also contribute to this process.

Community Conversations about Alcohol Harms

It was recognised that of our three health priorities, alcohol was the hardest for residents and Community Anchor Organisations (CAOs) to have comfortable conversations about.

This topic is complex, personal and sensitive and therefore highlighted potential need for more awareness of the topic and how to approach it for professionals and communities.

As such, CAOs are exploring how to support communities to have open conversations about alcohol without stigma.

Professor David Nutt at Redcatch Community Gardens

In February 2024, Redcatch Community Gardens in collaboration with Knowle West Health Park hosted a community health talk with Professor David Nutt- a Bristol born neuropsychopharmacologist specialising in the research of drugs that affect the brain and conditions such as addiction, anxiety, and sleep.



The aim of the talk was to engage residents in an open conversation about the impacts of alcohol. The event was well attended and other CAOs have expressed interest in hosting similar health talks in their communities.

4. Ageing Well

In 2022 our Ageing Well working group used population health data to identify our priorities for older people and to co-produce a plan for how we could collectively deliver proactive care within our communities.

We discovered that there is a high prevalence of Falls, Diabetes, COPD and Hypertension within South Bristol.

Falls

The risk of having a fall can be greatly reduced by supporting individuals to improve their strength and balance through simple activities such as walking, dancing or taking part in exercise programmes. In 2023, we allocated Health Inequalities funding to establish six more strength and balance classes within South Bristol.

Otago - Lead by Wesport

Otago is aimed at people aged over 65 who are usually at a high risk of falling and wish to increase muscle strength, balance and confidence.



ReAct - Lead by Bristol Age UK

ReAct is for people with reduced mobility who are not yet at immediate risk of falling and provides sessions that focus on the social aspects of motivation, self-management and independence.



Following conversations with communities about falls, Community Anchor Organisations developed classes and opportunities to increase mobility based on the needs expressed by residents.

Chair yoga, Tai Chi, Walking groups, Qui Gong, are just a few examples of classes that are now available. Community organisations have also collaborated with Bristol Age UK and Wesport to increase falls awareness locally.



"I was referred into the Tai Chi classes through my social prescriber as I had just lost my husband and didn't know many people. From the first day I came it was so welcoming" **Member at Redcatch Community Garden Tai Chi**

COPD

In October 2023, we coordinated a Spirometry Training Day with pharmaceutical company, Chiesi. It was raised that many practices weren't able to offer Spirometry due to outdated training and equipment following changes in processes during the Covid 19 pandemic.

The Local Medical Committee (LMC) offered funding for a number of nurses across BNSSG to enroll in the Education for Health's online accreditation in Spirometry. To complement this offer, we organised in-person Spirometry training for 12 general practice nurses and health care assistants in South Bristol.



Cardiovascular Disease (CVD)

The BNSSG Localities have partnered with Accure health as part of a successful CVD prevention bid to launch health screenings in the community.

The first of these events for South Bristol took place in March at BS3 Community Development where the team from Accure offered checks to residents who attended the Ways to Wellbeing event. Residents were able to have health checks for hypertension and diabetes, receive any appropriate advice and then their results were reported back to their practice on any further action that was needed.



Resident having their blood pressure read by Accure Health



Greg Juckeston, NHS talking therapies and SBLP Board member at BS3 Development's Ways to Wellbeing Event

What's next for Ageing Well?

In 2024-25, South Bristol locality will be continuing to partner with organisations in the Bristol Falls Collaborative to undertake a mapping of falls support available across Bristol and locally. From this, and working with residents we hope to get a better understanding of how any future funding could be used to prevent and help people recover from falls.

5. Connecting People in Communities

In 2022 we launched our Community Connectors programme on the basis that we can do more to help people to optimise their own wellbeing and health, particularly as we age.

Age UK highlight the importance of social connections on our physical and mental health, and we know that local projects, community groups and opportunities to get support exist across South Bristol.



Leanne, Community Connector- BS3

Community Connectors help to address loneliness and isolation by supporting people to build social relationships and improve wellbeing.

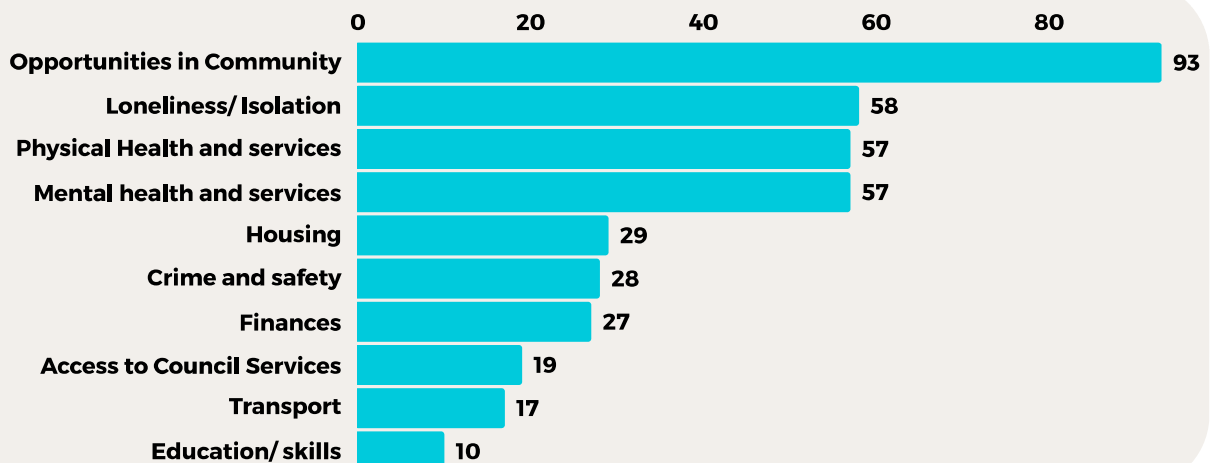
By working directly with people around what's important to them, Community Connectors bring an understanding about the wider determinants that contribute to a person's health and wellbeing, which then inform our priorities to reduce health inequalities.

Year to date, both Leanne and Emma have supported over 1,100 residents in BS3 and Knowle West, providing over 3,400 instances of support in that time.

While working with residents across Marksbury Road, Inns Court and social housing complexes across BS3 and Knowle West, Our Community Connectors have captured the following themes that are repeatedly raised as concerns and worries for local people:



Emma, Community Connector- Knowle West



Community Connectors have played a huge role in supporting individuals to regularly connect with neighbours and other people with similar interests, as well as connecting to community spaces to hold regular meet-ups, often working with wider agencies and health providers to come into these spaces, such as Bristol Age UK, Sirona, mental health providers, debt, housing and advice services.



Pictured: Knowle West Health Park pop-up wellbeing cafe



Pictured: Butterworth Court Fun Afternoon

Many of the assisted living sites Community Connectors are working with have social areas for residents that were previously unused with residents rarely leaving their rooms. Since the Community Connectors have been in place, these spaces are now regularly used to host arts and crafts such as knitting, painting, chair yoga and games. Other residents from neighbouring sites now also come along, making connections beyond immediate neighbours.

“I find it very helpful seeing Leanne each week, she has been understanding and helped me to solve problems. It is relaxing coming along (to art club) instead of rushing around, and I especially like mixing and talking with different people.” - Attendee of the weekly Art Group



“Great day, great fun. Need more of these kind of things going on helps bringing community together.”- Resident attending Community Connector event

John

(no real names were used)



Art created by BS3 residents at the weekly art group.

In January 2023, John came to a Connectors weekly knitting group as a way to strengthen his hands following a stroke.

Later in the year, Leanne noticed John had withdrawn from the group. John had been diagnosed with Dementia and Cancer and was understandably concerned about his health.

After reconnecting with Leanne, John rejoined the knitting group and has since attended further groups including the weekly art group and morning social where he has formed new friendships that socialise outside of the planned meetings.

Transport and mobility

Public transport comes up as a regular barrier for people in South Bristol travelling between wards and into the city, making it harder to access healthcare and wider social opportunities.

Community Connectors have formed strong relationships with community transport services who provide neighbourhood transport for isolated and less mobile residents and have been able to sign eligible residents up to the scheme.

Because of this, more residents who previously were not traveling beyond their accommodation now have direct transport to health appointments and social groups in other parts of South Bristol and wider city. This is a service that many isolated residents would not have known about if not for the Community Connectors.



Creating opportunities together



Pictured: The BS3 Art Group trip to Royal West of England Academy . This trip was made possible via partnership community transport and Safer Streets Funding secured by residents in the Community Connector Art Group.



Pictured: Knowle West Sprint Club trip to SS Great Britain via community transport.

"It was really valuable to be able to offer these Knowle West residents a chance to connect with the wider city of Bristol, learn about it's history and for it to be free of charge (the usual cost prohibits a lot of residents)."

- Emma, Knowle West Community Connector

The Community Connectors test and learn project has provided invaluable learning for the South Bristol Locality Partnership and emphasises the crucial role that Community Connectors play in facilitating connections on the ground between residents and community health and wellbeing opportunities. However, we are only just scratching the surface.

This year, the South Bristol Locality Partnership allocated further funding to the Community Connectors project up-to 2026/27 to continue to reach more people and reduce health inequalities through social connection and supporting people to take ownership of their own health and wellbeing.

6. Community Innovation

At the start of 2023, the South Bristol Locality Partnership recruited a Community Innovation Lead (CIL)- Hari- to work in the Swift Primary Care Network (PCN)- an area that covers some of the most deprived wards in South Bristol experiencing multiple health inequalities.

Hari builds connections with voluntary and community sector (VCS) organisations and health and social care partners to build stronger, more connected and resilient communities.



Hari, Community Innovation Lead

'Really helpful in enabling us to engage with community partners and bring our service to a diverse range of settings'.

Over the last 12 months, Hari has largely focused on getting out into community and physically meeting statutory services operating in the area, local voluntary organisations and community groups to gain an understanding of the community landscape- local assets and wider social factors that are contributing to existing health inequalities such as housing, transport, debt and isolation to name a few.

With this information Hari has successfully been able to connect VCS organisations and statutory services together, working with GPs, Social Prescribers and Link Workers to raise awareness of community offers to increase referrals; informing VCS organisations of the health priorities pertinent to the population they serve, and therefore enabling community organisations to introduce health promotion in their everyday work with people, partnering with statutory partners and other organisations to do so.

'...His great understanding of local services enables us to strategically identify areas requiring our services, allowing us to focus our activities where they're most needed'.

To date, Hari has engaged **265 VCS organisations**, identified **43 funding sources** locally and nationally, and connected **266 Primary Care and VCS contacts** to those funding streams.

Impact

In a recent survey completed by 38 colleagues across the Swift PCN that have engaged with the role, 26% had engaged six months prior, of whom **100% felt that their role continued to benefit following their connection with Hari.**

After 12 months of working with the Community Innovation Lead, partners reported feeling **even more connected** to healthcare/ voluntary and community organisations than they had after the first 6 months.

For new connections (78% of respondents), 39% of VCS workers reported feeling not very connected to the NHS before connecting with Community Innovation Lead compared to **84% feeling more connected to the NHS after working with the role.**

Before working with the role, 22% of healthcare workers that responded (33%) initially scored 2 out of 10, and 22% 7 out of 10 for connectedness to community organisations. After working with the role, **67% of respondents increased their score of connectedness to 8 out of 10.**

This feedback tells us that having a dedicated resource that can proactively bridge multi-sector organisations together is supporting our to diverse workforce to communicate and work closer together than it has before.

By communicating and sharing information and resources, organisations and services will better be able to support people in South Bristol more holistically, increasing health equity.

Recognising the impact this role has had already in the Swift area of South Bristol, we have allocated a further three years of funding to continue this role as well as recruit an additional role to facilitate connections in the Connexus PCN- the eastern pocket of South Bristol.

Case Study

www.uhbristol.nhs.uk/AlrightMyLiver
alrightmyliver@uhbw.nhs.uk

Get your liver health
checked at our
community events

Alright
my
liver?

NHS
Sumner, Witham, Avon
and Gloucestershire
Local Clinical Network

'Alright My Liver' are an NHS England funded pilot service who focus on early detection of liver cirrhosis, engaging those with cirrhosis into six monthly surveillance, and early detection/prevention of liver cancer. They run outreach events in a diverse range of locations which aim to bring focused liver health checks to the South West.

Prior to working with Hari, Alright My Liver were only in two practices in South Bristol. They were also keen to attend relevant health events in community settings to reach people who are not attending GP appointments. South Bristol was a key area for the service due to significant need and the number of alcohol-related admissions to hospital (one of three priority health issues identified by South Bristol Locality Partnership).

Alright My Liver are now regularly attending GP surgeries in South Bristol to provide liver screenings. In the eight months prior to working with Hari, they had attended five community events and carried out screenings in two GP surgeries in Swift PCN. In the eight months since working with Hari, they had carried out 13 screenings across all three South Bristol PCNs and attended 18 community events.

"The CIL role [Hari] has been vital in linking up our NHS service with key stakeholders in the local community in order to facilitate our work in the local area. The links and introductions we have been given through the CIL role has saved valuable NHS time and effort and meant we can start working with patients in the local area sooner. The role has had a direct positive impact on patients' health in identifying risks for liver cancer and enrolling them in regular prevention surveillance."

- Alright My Liver

What's next?

Over the last year, we have collectively worked towards our goals around child healthy weight, mental health and alcohol harms, and falls in older people. Throughout this work, it has become increasingly apparent how important it is for people to feel connected to where they live and to have access to neighbours and social networks, to health and wellbeing services, to safe green space and healthy food to stay well.

Across all our working areas, the golden thread that has come through from people in communities, is the desperate need to be able to access the help they need, when they need it, close to home without having to rely on public transport for independence.

Over the coming years, we're keen to see how we can make this happen. We will be exploring the concept of 'community hubs' whereby people can access a range of health and wellbeing services, social connection and physical activity as well as practical everyday support in order to thrive and live well.

If you'd like to work with us to achieve our vision, we would love to hear from you at bnssg.southbristollocality@nhs.net.



For questions and enquiries, or to
subscribe to our monthly newsletter
please contact
bnssg.southbristollocality@nhs.net

<https://www.southbristolip.org.uk/>

South Bristol
Locality Partnership